



REGIONE AUTONOMA DE SARDIGNA
REGIONE AUTONOMA DELLA SARDEGNA

Eventi
SARDEGNA
www.sardegnaturismo.it



COMUNE DI FONNI

SardiniaTrail

FONNI - ITALY

paradise all to run



90 km
three stages
3851 mt. total ascent

Fonni (NU) 10-11-12 may 2013

www.sardiniatrail.com



IO NON GETTO I MIEI RIFIUTI

SCHEDULE

THURSDAY, 9 MAY

Athletes' arrival in Fonni, Nuoro (own means of transport)

From 14:30 to 19:00 Race Bag and Bib number Pick Up – Fonni (Nuoro)

FRIDAY, 10 MAY

09:00 - First Race Stage Briefing

10:00 - First Race Stage Start: 25,00 km, Fonni-Fonni, total ascent +1024 m / total descent - 760 m – cut-off time 4 hours

11:00/13.00 - Arrival at Santuario "Madonna Del Monte", Pasta Party

14:30 - Bus transfer to Fonni

SATURDAY, 11 MAY

07:30 - Transfer by bus to the second race stage location

08:45 - Second Race Stage Briefing

09:15 - Second Race Stage Start, 34,00 km - Oliena-Cala Gonone, total ascent +1244 m, total descend -1321 m - cut-off time 6 hours

12:00/15.00 - Arrival in Cala Gonone, Pasta party and in the afternoon relax on the beach and Aquarium

17:30 - Bus transfer to Fonni

SUNDAY, 12 MAY

07:15 - Transfer by bus for the third race stage location

08:15 - Third Race Stage Briefing

08:30 - Third Race Stage Start, 31,00 km - Desulo-Fonni, total ascent +1583 m / total descend - 1706 m cut-off time 4 hours

11:00/13.00 - Arrival of the Participants in Fonni, Piazza Italia

14:30 - Award Ceremony and pasta party

15:30 - End of the event